

# Ellicott City Senior Center Plus

July 2015

9401 Frederick Road  
 Ellicott City, MD 21042  
 410-313-1425

**Hours: Monday-Thursday 10:00am – 2:00pm, Friday 10:00am-1:00pm**  
 Felicia Stein, Senior Center Plus Director; [fstein@howardcountymd.gov](mailto:fstein@howardcountymd.gov)  
 Joyce Nagel-Mortell, Senior Center Plus Assistant Director; [jnagel@howardcountymd.gov](mailto:jnagel@howardcountymd.gov)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Who am I? Guessing Game  <b>1</b>	10:00 Coffee Talk 10:15 Good Old Days 10:45 Chain Reaction w/Richard 12:00 Lunch 12:45 Tai Chi w/Dave  <b>2</b>	<b>Center Closed</b>  <b>In observance of Independence Day</b>  <b>3</b>
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Activity w/ Camp Make a Difference	10:00 Coffee Talk 10:15 Good Old Days 10:45 Games 12:00 Lunch 12:45 Exercise	10:00 Coffee Talk 10:15 Good Old Days 10:30 Exercise w/Vickie 12:00 Lunch 12:45 Peter Francis	10:00 Coffee Talk 10:15 Good Old Days 10:45 Music w/Tom 12:00 Lunch 12:45 Tai Chi w/Dave	<b>Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00</b>
<b>Program temporarily operating at Glenwood 50+ Center 2400 Rt. 97, Cooksville. (Mon-Thurs)</b>				
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Return to our center!</b> 10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Art w/Barry, Maddy and Camp Make a Difference  <b>13</b>	10:00 Coffee Talk 10:15 Good Old Days 10:45 Music w/Ed 12:00 Lunch 12:45 Exercise w/Jeannie  <b>14</b>	10:00 Coffee Talk 10:15 Good Old Days 10:30 Exercise w/Vickie 12:00 Lunch 12:45 BINGO  <b>15</b>	10:00 Coffee Talk 10:15 Good Old Days 10:45 Art Activity 12:00 Lunch 12:45 Tai Chi w/Dave  <b>16</b>	<b>Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00</b>  <b>17</b>
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Make Your Own Ice Cream  <b>20</b>	10:00 Coffee Talk 10:15 Good Old Days 10:45 Music w/Tom 12:00 Lunch 12:45 Exercise w/Jeannie  <b>21</b>	10:00 Coffee Talk 10:15 Good Old Days 10:30 Exercise w/Vickie 12:00 Lunch 12:45 Kazoo Band  <b>22</b>	10:00 Coffee Talk 10:15 Good Old Days 10:45 Art Activity 12:00 Lunch 12:45 Tai Chi w/Dave  <b>23</b>	<b>Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00</b>  <b>24</b>
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Ice Cream Social  <b>27</b>	10:00 Coffee Talk 10:15 Good Old Days 11:15 Karaoke w/ DJ Doug 12:00 Lunch 12:45 Exercise w/Jeannie  <b>28</b>	10:00 Coffee Talk 10:15 Good Old Days 10:30 Exercise w/Vickie 12:00 Lunch 12:45 Music w/Peter June Birthday Party  <b>29</b>	10:00 Coffee Talk 10:15 Good Old Days 10:45 Art Activity 12:00 Lunch 12:45 Tai Chi w/Dave  <b>30</b>	<b>Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00</b>  <b>31</b>

## **Let's Celebrate our July Birthdays!**



A big thank you to Gary Pon for the delicious cakes he bakes for our monthly birthday celebrations!  
This month we will be celebrating birthdays on Wednesday, July 29th at 12:45.

Please feel free to join us as we wish  
a very happy birthday to Frances, Aubrey, Richard, Doris, Christine,  
Phyllis, Rosetta and Bonnie.

Thank you to HoneyBaked Ham for their continuous support of our program.

### **IMPORTANT DATE(S) TO PUT ON YOUR CALENDAR**

**ECSC+ Closed – Friday, July 3, 2015 for 4<sup>th</sup> of July Holiday**

**The renovations are nearly complete at our building! We are waiting for final inspections and anticipate that all will be completed the week of July 6<sup>th</sup>. We can return to our building at 9401 Frederick Road on July 13<sup>th</sup> but we cannot be at the Church of the Nazarene the week of July 6<sup>th</sup>.**

**We will be operating our program at Glenwood 50+ Center, located at 2400 Route 27 in Cooksville from July 6th through the 9th.**

**If you have any questions about the location of the program during this final time of transition, please do not hesitate to call Felicia or Joyce at 410-313-1425 or 410-313-1426.**

**Camp Make a Difference will be spending the day with us on Monday July 6<sup>th</sup> and July 13th. Camp Make a Difference exposes students in grades 6-9 to volunteer opportunities in Howard County.**

**Ice Cream Social – July 27, 2015 1:15-2:00. Family and Friends Welcome!**

### **Resource Information**

To inquire about resources, respite care needs, and/or caregiver support, contact Maryland Access Point of Howard County (MAP) at 410-313-5980 or Email: [map@howardcountymd.gov](mailto:map@howardcountymd.gov)